



Acorn news in a nutshell



We have a new **logo** which we think is great! Our thanks go to Kate at Mint Design Studio who designed it for us and helped us find the colours we wanted. She quickly grasped the essence of our charity's work and used three symbols: acorn, oak tree and heart to represent the cycle of life.

Our **website** now also has a fresh, new look and we hope you like it as much as we do! Take a look at:-

www.acornworthing.org.uk

Dr Fooks BSc, MBBS, FRCGP, DCH, DRCOG said, "I have been greatly impressed by Acorn's commitment to those they serve. In lock-down there has been a sharp increase in unwanted pregnancies, and those suffering from early pregnancy loss have spoken of the particular isolation they have experienced due to the restrictions on social contact. Thankfully Acorn has managed to maintain its service throughout."



Our patron, Dr Tim Fooks has now completed his year as High Sheriff of West Sussex but we are delighted that he will continue as our patron. His support has been a tremendous encouragement and he has some very good ideas. He visited our centre in March and met our manager (left) and a trustee there.



acorn
PREGNANCY
COUNSELLING CENTRE

Our schools' volunteers have at last been able to return to Angmering and St Andrew's schools to present their lesson to students. Littlehampton Academy is planning to have them in from September.

Acorn presenters were amazing. Technical issues, and still delivered an informative and engaging session.

(Teacher)

We are seeing a steady stream of clients, some in our counselling room for face to face meetings, others on Zoom or by phone.

Many have also kindly donated to our charity to help us continue providing our services.

I thought the counsellor was excellent.

Very professional, pragmatic and non-judgemental. (Client)

Two of our volunteers talk about Acorn counselling here: <https://www.acornworthing.org.uk/about>