

Acorn news in a nutshell



The Covid 19 pandemic has meant a few **changes** have had to be made at Acorn.

- * *Our counselling is all taking place by phone*
- * *We have had to vacate our offices*
- * *Our centre manager is working from home*
- * *The visits to schools have had to stop*



This means:-

- ⇒ Clients who would prefer face to face counselling are waiting until we can restart safely
- ⇒ We can receive and respond to emails, phone calls and messages, but not letters.
- ⇒ We hope to be moving to a new location shortly
- ⇒ Our schools team are hoping to deliver lessons from September

This newsletter is the first we have produced for our website, with the aim of keeping our past clients and other interested parties up to date with our activities, needs and news.

On the other hand:-

- ⇒ *Lots of our volunteers have learned how to use WhatsApp and Zoom*
- ⇒ *We held a well attended Zoom AGM in June and welcomed our new patron **Dr Tim Fooks**, who is also High Sheriff of West Sussex for this year.*
- ⇒ *We have saved on rent by moving out of our offices but recognise we do need a base.*
- ⇒ *We have not organised any sponsored or fund raising events this year. We can not afford to be complacent about our funding and are continuing to apply to trusts and we always welcome donations.*

In the past year, 51 clients made contact with us and 187 hours of counselling was provided.

All our counselling is provided **FREE** by specially trained and supervised counselling volunteers. Many of our clients like to make a donation to our work. We are always happy to receive these. To make a donation, see the [Support](#) page on our website.

'I'm so grateful that this service exists and that I've been able to be helped through a really hard time'

'We have been lucky to have established a link with Acorn and hope to carry on with the lessons'

School lessons totalling 74 hours were planned and 60 were delivered before the lockdown.