



Acorn news in a nutshell



www.acornworthing.org.uk

News from the counselling team

We are delighted that Baby loss certificates have been introduced in England. This is good news for those who have experienced baby loss before 24 weeks and need something to mark the loss.

See www.gov.uk/request-baby-loss-certificate

Clients continue to approach Acorn for counselling and many find real benefit in having the time and space to talk through their feelings and face the unwelcome events in their lives with the support of a member of our team.

Here are some of their comments:-

"I found it to be an extremely helpful experience. It's helped me learn ways of dealing with grief and emotion."

"...such a kind, patient and understanding counsellor"

"It's helped me be more connected with my reality and therefore able to avoid it less which is what I wanted as I realised I was a bit stuck with my grief. It's benefited my family life too."



Many thanks to St Mary's Church in Broadwater for their generous gift to Acorn and for inviting us to speak at a recent service.

An easy way to give without cost to yourself

Check out easyfundraising.org.uk and select Acorn Pregnancy Counselling Centre as your charity

Every little helps!

News from the schools team

Our specially made film has been well received in most local schools. Our teams are available to lead sessions with year 10 students in schools.

Always excellent - kind and helpful presenter. Relaxed lesson but as always informative.

(Teacher)



acorn
PREGNANCY
COUNSELLING CENTRE



Acorn is registered with easyfundraising.org.uk

Please see our support page on our website for details and a link

**We are always happy to hear from potential new volunteers.
Contact Angela on 01903 823893 or email office@acornworthing.org.uk**